

**NEW HANOVER COUNTY BOARD OF COMMISSIONERS**

**NATIONAL NUTRITION MONTH PROCLAMATION**

**WHEREAS**, food is the substance by which life is sustained; and

**WHEREAS**, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical wellbeing; and

**WHEREAS**, nutritional needs change over an individual's lifespan; and

**WHEREAS**, there is a need for lifelong nutrition education and healthy eating practices; and

**WHEREAS**, this year's theme, "Fuel for the Future" embraces eating with sustainability in mind to nourish ourselves during every phase of life and protect the environment.

**NOW, THEREFORE, BE IT PROCLAIMED** by the New Hanover County Board of Commissioners that March 2023 will be recognized as "National Nutrition Month" in New Hanover County.

**ADOPTED** this the 6<sup>th</sup> day of March, 2023.

NEW HANOVER COUNTY

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William E. Rivenbark, Chair

ATTEST:

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Kymerleigh G. Crowell, Clerk to the Board