



Health Matters

90-minute Program * Best suited for grade 5
Science Standards: 5.L.1

Schools in New Hanover County: \$4 per student
Schools outside New Hanover County: \$7 per student

EXPLORE BODY SYSTEMS!

Investigate the components, structure, and functions of several major body systems in this three-part program and discover that your health really matters.

PROGRAM ACTIVITIES INCLUDE:

PART I:

Step inside our planetarium to experience *Grossology and You*, a full-dome digital video exploring the human immune, respiratory, and digestive systems in all their glorious grossness.

PART II:

Participate in a heart muscle fitness challenge, examine anatomical models, and role-play the flow of blood in the human body to explore the components and function of the circulatory system.

PART III:

Discover how mechanical devices relate to the functions of your heart, use heart-rate monitors to measure your pulse, and discover how and why your pulse is affected by physical activity.

Health Matters is sponsored by South East Area Health Education Center (SEAHEC) Legacy Fund and New Hanover Regional Medical Center Foundation.

Call 910.798.4362 or email cfmprograms@nhcgov.com to schedule your field trip!



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